

## Lauren Beirne

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### EDUCATION

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- 2026-Present**      **Raritan Valley Community College, North Branch, NJ**  
50-hr Pre-requisite Teacher Training for Alternate Route K-12, CTE
- 2011-2012**      **Mind Body Dancer** TM 200- Hr Yoga Certification with MBD Founder,  
Tara Marie Perri
- 2010-2012**      **Master's of Fine Arts in Dance, Tisch School of the Arts, New York  
University, New York, NY**  
Graduate Scholarship - Focus on performance, choreography, and  
pedagogy
- 2003-2007**      **Bachelor's of Fine Arts in Dance, Mason Gross School of the Arts,  
Rutgers University, New Brunswick, NJ**

### TEACHING EXPERIENCE

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- 2020-Preset**      **The Dance Connection, Hillsborough, NJ**  
Faculty, Camp/Ballet Intensive Director, Ballet Mistress, Director- '*The  
Nutcracker*' 2022-Present. Director: David Kieffer
- 2020-2024**      **HeART in Motion, Ridgewood, NJ**  
Dance/Theatre/Intensive & Guest Faculty. Director: Nicole Mahncke
- 2019 - Present**      **Raritan Valley College, North Branch, NJ**  
Associate Adjunct Professor, Dance Department. Dept. Head: Loretta Fois
- 2018-2019**      **Raritan Valley College, North Branch, NJ**  
Commissioned Guest Artist for Dance majors, teaching Modern  
Technique, Dance Appreciation, and Composition. Director: Loretta Fois
- 2018**      **Sunnyside Ballet Studio, Sunnyside, NY**  
Commissioned Guest Artist teaching Modern technique for pre-professional ballet  
students. Director: Yasko Taneko-Williams
- 2018**      **Sacred Heart University, Fairfield, CT**  
Commissioned Guest Artist for students in the Dance Dept, teaching Modern  
Technique and Composition to college dance students. Director: Kari A. Williams

- 2017-2019**                    **Spoke The Hub Dance, NY**  
Ballet and Tap Faculty, Visual Arts Lead Counselor. Director: Elise Long
- 2017**                            **Ballet Forte at Wings Conservatory, Chester, NJ**  
'A Week with the Masters' Guest Teaching Artist/Company & 2018 Guest  
Choreographer in Residency. Director: Andrea Kramer
- 2015- 2021**                    **Brooklyn College, NY**  
Dance Faculty- Prep Center; modern, ballet, hip hop, jazz, tap, theatre & improv,  
musical theatre, Advanced ballet performance coach. Director: Hasan Ozcan
- 2015- Present**                **Lauren Beirne Dance Works (LBDW), Founder & Artistic Director**  
Sponsored Artist with Fractured Atlas. Presenting works in NJ/NYC
- 2013- 2021**                    **Creative Arts Studios, Brooklyn, NY**  
Faculty- modern, ballet, hip hop, creative movement, musical theatre, fine  
arts, pre- pointe, tap. Director: Sherri Hellman
- 2011-2012**                    **The Gallatin School at New York University, NY**  
Guest Teacher of Advanced Contemporary Dance for 'The Gallatin Series.'  
Student Head: Darrien O'Reilly
- 2009-2010**                    **Ballerina's Academy of Dance, Zionsville, IN**  
Faculty - Intermediate/Advanced Modern. Founded, designed, and implemented  
the ballet school's first modern dance program, now taught at multiple locations.  
Director: Becky Van Briggie
- 2008-2010**                    **Kenyetta Dance Company, Indianapolis, IN**  
Ballet Director for professional company and pre-professional students, Intensive  
and Master class ballet, modern and contemporary Faculty.  
Company Directors: Nick and Vanessa Owens
- 2008-2010**                    **Pike High School, IN**  
Dance Team Coach, Elite Lyrical Competitor, IHSDTA State Finalists,  
Choreographic mention 2010. Director: Monte Tapplar
- 2007-2010**                    **Motus Dance Theatre, Principle Dance/Company Teaching Artist, IN**  
Principle performer, Company Teaching Artist/ Choreographer,  
Choreographic mentor for Breaking Ground Workshop, Outreach Teen  
Instructor and Program Initiator, 501(c)3 Board Member
- 2006-2007**                    **Raritan Valley Community College, Branchburg, NJ**  
Rehearsal Director for Guest Artist in Residency Randy James Dance Works

## PERFORMANCE EXPERIENCE

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**2020 Espresso Corporea Project** Dance Film: Dancer, *Terpsichore's Sacrilegium* ACDA Montclair Screening, \*WINNER Athens International Art Film Festival, & *Rosas Danst Rosas REMIX* (choreography by Anne Teresa De Keersmaecker), NJ Director: Loretta Fois

**2016 Lauren Beirne Dance Works** \*Guest Company Artist Choreographer for RVCC Alumni Performance with LBDW

**2014 LBDW Dancer**, *The Principles: part 2'*  
Performance for select choreographer's intensive lead by Gus Solomon's Jr. New York University, NYC

**2014 - 2015 Desert Sin: Theatrical Dance Company**,  
Company member, actor, singer, dancer, puppeteer in *'Cloud Cuckooland'* Premiere at Dixon Place, NYC  
Artistic Director: Djahari Clark

**2013- 2023 Nikki Manx Dance Project**,  
Company Dancer for New Jersey based dance company, focusing on socio- political themes, NJ  
(\*company costume designer since 2012) Artistic Director: Nicole Mahncke

**2011 Dumbo Dance Festival Dancer/ Soloist**, *'As We Go'*, White Wave Theatre, Brooklyn, NY  
Choreographer: Suzanne Beahrs

**2010-2012 New York University Department of Dance**, Tisch School of the Arts, Dancer *'Pura Vida'*  
Second Avenue Dance Company, NYC Choreographer: Kate Wear

**2011 Dancer, 'Verge'** Second Avenue Dance Company, NYC Choreographer: Deborah Jowitt

**2010 DanceNOW (Raw) Festival Dancer/ Soloist**, *'As We Go'* Son of Normandy Studio, NY  
Choreographer: Suzanne Beahrs 2011

**2009-2010 The White Rabbit Cabaret** Hasenpfeffer (House Company) Dancer/Featured Soloist  
"Scarlett Charlotte Rua' Lune", Indianapolis, IN Director: Debra Silveus

**2007-2010 Motus Dance Theatre, [501(c)3]** Company Dancer: Principle & Soloist, \*Featured dancer  
at Indianapolis Symphony Orchestra, Indianapolis, IN Artistic Director: Heidi Keller-Phillips

**2008 Road Productions / Zoo Marketing Production** Dancer in IndyFringe 2009 Commercial TV  
Trailer, *'Expect Everything'* Indianapolis, IN

**2008 The Witch of Portobello**, Dancer/ Actor, Dance film *'Pavel'* [Part 1]  
Top three film finalist for the "Experimental Witch Contest" (based on Paulo Coelho's novel *'The Witch of Portobello'*), Indianapolis, IN Director: Dan Hottle

**2008 NoEXIT Performance** Dancer, *'The Immortal'* Site-specific work at Indianapolis Museum of Art,  
Indianapolis, IN Director: Geogeanna Smith

**2007 Beef & Boards Dinner Theater (AEA)** Dancer, 'A Beef&Boards Christmas' Indianapolis, IN  
\*Live Performance on Channel 8 Morning News with Dick Wolfsie Director: Eddie Curry, Choreographer:  
Ron Morgan

**2007 The Outlet Dance Project** Featured Dancer, '*Frugal is Such an Ugly Word*' Site-specific work at  
Grounds for Sculpture, Hamilton, NJ Choreography: Nicole Mahncke and Ali Vidich

**2006 Randy James Dance Works** Invited Guest Artist, '*Flying Lobsters*' Raritan Valley Community  
College, Branchburg, NJ Artistic Director: Randy James

**2003-2007 Mason Gross School of the Arts, Department of Dance, Rutgers University**  
Dancer, '*Flying Lobsters*' Choreographer: Randy James Dancer, '*Heart Moves*' Choreographer: Kimani  
Fowlin New Brunswick, NJ

**2002-2004 Powerhouse Entertainment Studios** Professional Hip Hop/ Motivational Dancer, East  
Hanover, Paramus, NJ and NYC Director: Melanie Pellegrino

**2002-2003 AP Motion Dance Company, [501(c)3]** Featured Company Dancer, Premiere Season,  
NJ Artistic Director: Joanna Andriopoulos

**2002 Raritan Valley Community College** Dancer, Selected Ensemble for Randy James  
Danceworks Guest piece '*View From the Hudson*' and other works, Branchburg, NJ  
Choreographer: Randy James

**2000 Promotional Tour for HBO's "Britney Spears 'LIVE, in Las Vegas' Concert"**  
Motivational Singer/ Dancer of Britney Spears music; Toured throughout New York and New Jersey,  
Claire Models, Long Beach, NY

**1999 Hofstra University Department of Drama, Masquerade Musical** "Polly" (female lead),  
Dance Captain, '*The Boyfriend*' Hempstead, NY Director: Jen Curry

## CHOREOGRAPHY

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### **2015- Present Lauren Beirne Dance Works**

Founder, Executive and Artistic Director, presenting professional, original dance works in  
NJ/NYC/CT:

- '*Everything You Need to Forget*' - male-identifying version, Commissioned by *Moving Men Series*, Dixon  
Place, NYC 2020

- '*The Principles: part 6*', Commissioned by Inclined Dance *InQUAD Series*, Dixon Place, NYC 2019

- '*Analog Swirls' in Digital Whirls*' Award Winning Motion Capture/Extended Reality Dance Film,  
Commissioned by Integrated Visions Productions/Notch, NY 2018

- RVCC Alumni Concert, Spotlight Guest Artist, The Nash Theatre, RVCC, NJ 2018

- '*And the Tide Still Came.*' World Premier, TAKE ROOT Greenspace LIC, NY 2018

- *"6,000 Bobby Pins Later..."* Producer/Curator/Artist \*Reviewed by Critical Dance, NY, Actors Fund Arts Center, NY 2018

- Dumbo Dance Festival, \*Invited Guests\*, Gelsey Kirkland Arts Center, NY 2017

- Commissioned by RAW ARTISTS: FIXATE 2017

- *'Everything You Need to Forget: Male Remix.'* Premiere, Dumbo Dance Solo/Duo Festival  
*Dumbo Dance Festival, opening company & speaker 2017*

The Warsaw, Brooklyn NY 2015/2016

Gelsey Kirkland Arts Center, NY 2016 Brooklyn, NY 2016

- *'The Other.'* Banksy Production Company 360o Dance Film

- *'At the beep...'* Reset Premiere, Your Move Dance Festival 2017

- LBDW Summer Intensive, Host of 2-day Immersive Dance/Theatre Workshop for national and international professional dancers 2017

- *'The Principles: part 6.'* World Premiere, WEST FEST Top Floor & All Over Westbeth Guest Artist

Gelsey Kirkland Arts Center, NY 2016 Brooklyn, NY 2016

Debaun PAC, NJ 2016

Actors Fund Art Center, NY 2015/2016/2017

Martha Graham Theatre, NY 2016

The Rabbit Hole, Brooklyn NY 2016

Gerald W Lynch Theatre, NY John Jay College, NY 2016

Dixon Place, NY 2016

Commissioned by Marked Dance Project under Mark Travis Rivera as Guest Company Artists,  
John Jay College 2015

Six Degrees of Separation, Invited guest 2015 \*Reviewed by Critical Dance

Jennifer Muller/The Works Studio, *'The Principles: part 2.'* World Premiere- The HATCH Series,  
NY 2015

LBDW, Presented by RAW ARTISTS at the Brooklyn Night Bazaar, NY 2017 Dixon Place, NY 2017

*'Down The Rabbit Hole: An Evening with LBDW & NMDP.'* Benefit Performance Event

*'Oleander (extended).'* Premiere, Under Exposed Split-Bill Series. Commissioned by Doug Post for partial evening-length \*Reviewed by The Dance Enthusiast

Triskelion Arts, NY 2015

The Garage at FDU, NJ 2015

Debaun PAC, NJ 2015

Commissioned to open RAW ARTISTS: FUTURES \*Invited to join organization in 2015

Residency with Nikki Manx Dance Project 2015

'*Oleander*.' World Premiere, YOUR MOVE Dance Festival 2015

### Independent Choreography-

#### **2025 Raritan Valley Community College**

'*Ledge*' and '*Bound*', Choreographer- Created a piece on college dance majors for Independent Study in Repertory and set a piece on the touring student dance company RVCC Dance Works

#### **2023 HeART In Motion Studio**

"CATS" and "You're A Good Man, Charlie Brown" Director- Music direction and vocals, stage direction, script supervisor, choreographer, set and lighting designer, costume designer.

#### **2022-Present The Dance Connection, NJ**

*The Nutcracker*, Director 200+ students and professionals

#### **2024 East Brunswick High School**

"The Wizard of Oz" Musical Choreographer and assistant prop designer. Director: Jeffery Davis

#### **2010-2012 New York University's Atlas Theatre**

'*Everything You Need To Forget*' (duet)

'*Ladies, Listen Up, A Man is Speaking*' (septet, featuring Hiroki Ichinose) '*We Never Know*' (quintet)

'*3, 6, 9, The Beast Drank Wine*' (nonet)

'*At the beep...*' (duet, featuring Ben Freedman and Suzanne Beahrs) Tisch School of the Arts, NYC

#### **2011 Indiana Dance Festival**

Chosen to reset my choreography '*Pink Moscato*' (2010), for IDF through Fort Wayne Dance Collective- Adjudicated Concert, Performed by Motus Dance Theatre under Artistic Director Heidi Keller- Phillips at the Arts United Center, Fort Wayne, IN. \*Reviewed by NUVU News, March, 2011

#### **2010-2011 Motus Dance Theatre**

'Paired Down' - Resetting of '*Pink Mosacto*' (2010), Performed by Motus Dance Theatre at the White Rabbit Cabaret, Indianapolis, IN

'*Pairings: Pink Moscato*' live music by Kate Lamont. Performed by Motus Dance Theatre at Young and Laramore, Annual Fund Raiser, Indianapolis, IN

#### **2007 Show Up and Dance, Dance New Jersey Event**

'*Option to Leave Early*' (sextet, 2006) Loree Dance Theatre, Rutgers University, New Brunswick, NJ

**2006 Rutgers Dance Day**

Invited Select Choreographer, *'Option to Leave Early'* The New Theatre, Rutgers University, New Brunswick, NJ

**2006 American College Dance Festival**

Invited Select Choreographer, *'Option to Leave Early'* Montclair State University, Montclair, NJ

**2005 Raw Interiors**

Choreographer/Dancer, *'Gemini'* (duet) Site-specific work at Rutgers Campus, Curator: Alie Vidich, New Brunswick, NJ

**2002-2003 Lower East Side Festival of the Arts** Choreographer/Soloist, *'Corybante for Brian Jones'* (solo) Text by Gary Wagner, Live music by Lovesphere, Theater for the New City, NYC

**2000 Hofstra University's Department of Drama, Touring Children's Theatre**

Choreographer, *'Hansel and Gretel'* Written and Directed by Joe Hoffman, Music and Lyrics by Donna Mandarano. Children's Theatrical Tour, NY

**RELATED EXPERIENCE**

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**2012 Lead Faculty- Second Avenue Dance Company Costume Designer, Tisch Dance Department, NY** \*Deborah Jowitt, James Martin, under Cherylyn Lavagnino with Sean Curran, Deborah Jowitt and Phyllis Lamhut

**2013 Costume Designer for Young Dancemakers Company** under the direction of Bessie Award winner, Alice Teirstein, supported by the Fieldston School, Alvin Ailey, and the 92nd St Y, NYC

**2013-2014 Head Visual Designer, Costumes, Makeup/Hair Designer** - Suzanne Beahrs Dance: Evening length work, *'Amid'* & *'Rise'* presented at Danspace Project, St. Mark's Church, Judson Church, Gibney Dance, NY \**New York Times* and *Village Voice* Reviewed

**2013 Erin Bomboy and Dancers:**

*I Dreamt of Sugarplums* for Photo Series and 8th Amalgamate Artist Series, Jan Hus Church, NYC

**2013 Callie Hatchett Dance:**

Costume designer for *Acquired Alliance'* presented at Greenspace and WestFest, NY

**2012-2014 Carol Mendes & Artists:**

\*Head designer in residency for Carol Mendes & Artists, NYC - Dance Film: *'Rite of Spring* Burgundy Dance Fest Premier in France. Evening length work *'Night Trio'* presented at La Mama, WestFest, Center for Performance Research, Ailey Citigroup, Judson Church, The Green Building, NY

**2013 Yoga model for Mind Body Dancer™ Article, Teacher Magazine, August 2013 Issue**

featuring MBDTM founder TaraMarie Perri on the cover, and 4-page article "Fine-Tune Your Teaching Language" by Kristin Schwab, also featured on the Perri Institute website

**2007-2010 Kinney Dancewear** Expert Point shoe fitter, additional training with Bloch®, Russian Point®; Specializing in pointe, flat ballet, tap, jazz and ballroom shoes; fitting costumes/ dancewear, additional training from Capezio, Motionwear, and Miller & Ben

**2008 Indianapolis School of Ballet** Head Stage Manager, *'The Nutcracker'* The Scottish Rite Theatre, Choreography: Victoria Lyras and George Balanchine

**2001 Disney's® 'AIDA' on Broadway**

Backstage hand and Merchandise, also substituting at Disney's® *'Lion King'* and *'Beauty and the Beast'* on Broadway, New York, NY

## TRAINING/WORKSHOPS

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### Independent Semester-Long Studies:

Pedagogy/Developing Syllabi and Course Development for University Levels: Joy Kellman, Tisch Dance Adjunct Faculty

Choreography/Starting a Professional Company:

Sean Curran, Artistic Director, Sean Curran Dance / NYU Tisch Dance Department Chair

**Pedagogy Master Workshops:** Margot Faught, Liz Monnier, Allison Ballard, Julia Ritter, Pamela Pietro, Jane Vorburger, Kathleen Connelly, Anneliese Burns-Wilson, Loretta Fois, Marissa Aucoin

**Ballet:** Ballet Hispanico, Cedar Lake, Jolinda Mendez, Jill Johnson, Cherylyn Lavagnino, Jackie Villamil, Jim Martin, Jim Sutton, Giada Ferrone, Victoria Lyras, Sherry Alban, Rachel List, Douglas Martin, Pam Levy, Andrea Kramer, Karen Verso, Eddie Verso, Jane Vorburger

**Modern:** Parsons Dance, Doug Varone and Dancers, Trisha Brown Company, Stephen Petronio, Sean Curran, Kate Weare, Rosalind Newman, Hirstoula Harakas, Gwen Welliver, Renee Redding Jones, Pam Pietro, Joy Kellman, Gus Solomons Jr., Jeanine Durning, John Evans, Christian Von Howard, Randy James, Julia Ritter, Paulette Sears, Reagan Wood, Aaron Draper, Janet Danforth, Cleo Mack, Tiffany Mills, Doug Elkins, Miguel Quinones, Mia Michaels, Yasko Taneko, Heather Favretto

**Cultural Dance:** African (Kimani Fowlin), Flamenco (Maya De Silva Chafe), Bharata Natyam (Hari Krishnan), Middle Eastern/Persian Ballet/Belly Dance (Djahari Clark), Argentine Tango (IDS), Locking (John "Comix" Barella)

**Body Work** (Somatics/ Yoga/ Meditation/Pilates/ Kinesiology): Irene Dowd, Rebecca Dietzel, TaraMarie Perri, Ethan Nichtern, Clare Cook (Kathy Grant's apprentice), Lynn Martin, Debra Wellinder Keller, Kim Gibilisco

**Composition, History, Writing and Critique:** Phyllis Lamhut, Jeff Friedman, Patricia Beaman, Deborah Jowitt, James J. Kolb, Sydney Skybetter, Claire Porter

**Music/Voice, Video/Film, Lighting, Theatre Production, Writing, Composition and Rhythmic**

**Analysis :** William Holmes, Robert Benford, Andy Tierstein, Bill Moulton, Paul Galando, Wayne Lee, Jonah Bokaer, John Evans, James Leitner, Deborah Jowitt, Susan Hamburger

**Acting, Voice, Stagecraft, Directing** - Kay Cummings, Roysten Coppenger, Jean Dobie Giebel, Caroline Worth-Tyrell, Ron Morgan, John Cleary, James J. Kolb

**RELATED SKILLS**

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Dance/ Education: modern and contemporary dance, ballet (training in the French School, Cecchetti, and Vaganova), pointe work, partnering, tap, jazz, musical theatre, lyrical, hip-hop, basic break dancing,

Flamenco, motivational dance, yoga, Shambhala meditation, improvisation, creative movement, performance coaching, release techniques, Composition and Choreography, Dance History/Theory, Kinesiology, Anatomy, Laban Movement Analysis and Effort/Shape, Pedagogy, Dance Writing, Dance Appreciation, administration, curriculum writing following state standards, highly fluent in French ballet terminology

Theatre/ Music/ Film: acting (comedic, dramatic, and classical training), singing and vocal performance, breath techniques, improvisation, directing, stage managing, voice and diction, script writing/composition, puppeteering, directing, lighting/set design, production management, proposal writing, publicity, history, music theory, basic flute, piano and, percussion, projection/ film work, analysis, film editing, iMovie and Final Cut Pro, Garageband, WIX

Visual Arts/ Design: painting, drawing, sculpture, 2D/3D design, art history, fashion history, costume design/fashion, makeup/hair design, sewing, visual board building, set design/building/ decoration, poster design, visual performance styling

Additional Skills: Artistic and Executive Director, Curating, Producing, Directing, leading auditions, sales/ clienteling, Extensive Dance Retail training, established direct relationships with Capezio, Bloch, Russian Pointe, Grand Prix and Motionwear, experienced pointe and flat shoe fitter, donations, networking and social media marketing, merchandising, budgeting and scheduling for companies, community outreach, grant writing and applications, photography/ editing, Final Cut Pro, iDVD, iMovie, QuickBooks, Keynote, GarageBand, Word, Pages, Google Doc., Social Media, Administration, light conversational Spanish, CPR certified, NJ Driver's License

**ACCOLADES**

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*Rising Stars: Most Distinguished Alumni, Winner\* RVCC, NJ 2018*

*Recipient of Tisch Alumni Choreographic Mentorship with Gus Solomons Jr., NY 2015*

*Winner of Featured Artist photo and blog spot, Fractured Atlas, NY 2015*

*Space Grant Recipient, Andrew W. Mellon Foundation, Triskelion Arts, NY 2015*

*Professional Performance Scholarship, NYU 2010*

*Special Recognition Award: Outstanding Choreography, IHSDTA, IN 2009-2010*

*Artistic Achievement in the Community Scholarship, Somerset County, NJ 1999*

## **PUBLISHED WORKS**

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“Study Sessions” on mindbodybrewTM. The official blog of the Perri Institute for Mind and Body. \*First MBD wordpress.com published article, May, 2012

## **CERTIFICATIONS**

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CPR CERTIFICATION, NY 2017

SUBSTITUTE CERTIFICATION , NJ 2023

CTE - DANCE CERTIFICATION, NJ 2026