

Lauren Beirne

1 Shell Ct. Unit 201 Hillsborough, NJ 08844

(908) 812-9109

lauren.beirne21@gmail.com

laurenbeirne.org

EDUCATION

- 2026-Present** **Raritan Valley Community College, North Branch, NJ**
50-hr Pre-requisite Teacher Training for Alternate Route K-12, CTE
- 2011-2012** **Mind Body Dancer** TM 200- Hr Yoga Certification with MBD Founder,
Tara Marie Perri
- 2010-2012** **Master's of Fine Arts in Dance, Tisch School of the Arts, New York
University, New York, NY**
Graduate Scholarship - Focus on performance, choreography, and
pedagogy
- 2003-2007** **Bachelor's of Fine Arts in Dance, Mason Gross School of the Arts,
Rutgers University, New Brunswick, NJ**

TEACHING EXPERIENCE

- 2020-Preset** **The Dance Connection, Hillsborough, NJ**
Faculty, Camp/Ballet Intensive Director, Ballet Mistress, Director- '*The
Nutcracker*' 2022-Present. Director: David Kieffer
- 2020-2024** **HeART in Motion, Ridgewood, NJ**
Dance/Theatre/Intensive & Guest Faculty. Director: Nicole Mahncke
- 2019 - Present** **Raritan Valley College, North Branch, NJ**
Associate Adjunct Professor, Dance Department. Dept. Head: Loretta Fois
- 2018-2019** **Raritan Valley College, North Branch, NJ**
Commissioned Guest Artist for Dance majors, teaching Modern
Technique, Dance Appreciation, and Composition. Director: Loretta Fois
- 2018** **Sunnyside Ballet Studio, Sunnyside, NY**
Commissioned Guest Artist teaching Modern technique for pre-professional ballet
students. Director: Yasko Taneko-Williams
- 2018** **Sacred Heart University, Fairfield, CT**
Commissioned Guest Artist for students in the Dance Dept, teaching Modern
Technique and Composition to college dance students. Director: Kari A. Williams

- 2017-2019** **Spoke The Hub Dance, NY**
Ballet and Tap Faculty, Visual Arts Lead Counselor. Director: Elise Long
- 2017** **Ballet Forte at Wings Conservatory, Chester, NJ**
'A Week with the Masters' Guest Teaching Artist/Company & 2018 Guest
Choreographer in Residency. Director: Andrea Kramer
- 2015- 2021** **Brooklyn College, NY**
Dance Faculty- Prep Center; modern, ballet, hip hop, jazz, tap, theatre & improv,
musical theatre, Advanced ballet performance coach. Director: Hasan Ozcan
- 2015- Present** **Lauren Beirne Dance Works (LBDW), Founder & Artistic Director**
Sponsored Artist with Fractured Atlas. Presenting works in NJ/NYC
- 2013- 2021** **Creative Arts Studios, Brooklyn, NY**
Faculty- modern, ballet, hip hop, creative movement, musical theatre, fine
arts, pre- pointe, tap. Director: Sherri Hellman
- 2011-2012** **The Gallatin School at New York University, NY**
Guest Teacher of Advanced Contemporary Dance for 'The Gallatin Series.'
Student Head: Darrien O'Reilly
- 2009-2010** **Ballerina's Academy of Dance, Zionsville, IN**
Faculty - Intermediate/Advanced Modern. Founded, designed, and implemented
the ballet school's first modern dance program, now taught at multiple locations.
Director: Becky Van Briggie
- 2008-2010** **Kenyetta Dance Company, Indianapolis, IN**
Ballet Director for professional company and pre-professional students, Intensive
and Master class ballet, modern and contemporary Faculty.
Company Directors: Nick and Vanessa Owens
- 2008-2010** **Pike High School, IN**
Dance Team Coach, Elite Lyrical Competitor, IHSDTA State Finalists,
Choreographic mention 2010. Director: Monte Tapplar
- 2007-2010** **Motus Dance Theatre, Principle Dance/Company Teaching Artist, IN**
Principle performer, Company Teaching Artist/ Choreographer,
Choreographic mentor for Breaking Ground Workshop, Outreach Teen
Instructor and Program Initiator, 501(c)3 Board Member
- 2006-2007** **Raritan Valley Community College, Branchburg, NJ**
Rehearsal Director for Guest Artist in Residency Randy James Dance Works

PERFORMANCE EXPERIENCE

2020 Espresso Corporea Project Dance Film: Dancer, *Terpsichore's Sacrilegium* ACDA Montclair Screening, *WINNER Athens International Art Film Festival, & *Rosas Danst Rosas (choreography by Anne Teresa De Keersmaeker)*, NJ

Director: Loretta Fois

2016 Lauren Beirne Dance Works *Guest Company Artist Choreographer for RVCC Alumni Performance with LBDW

2014 LBDW Dancer, *The Principles: part 2'*

Performance for select choreographer's intensive lead by Gus Solomon's Jr. New York University, NYC

2014 - 2015 Desert Sin: Theatrical Dance Company,

Company member, actor, singer, dancer, puppeteer in *'Cloud Cuckooland'* Premiere at Dixon Place, NYC
Artistic Director: Djahari Clark

2013- 2023 Nikki Manx Dance Project,

Company Dancer for New Jersey based dance company, focusing on socio- political themes, NJ
(*company costume designer since 2012) Artistic Director: Nicole Mahncke

2011 Dumbo Dance Festival Dancer/ Soloist, *'As We Go'*, White Wave Theatre, Brooklyn, NY

Choreographer: Suzanne Beahrs

2010-2012 New York University Department of Dance, Tisch School of the Arts, Dancer *'Pura Vida'*
Second Avenue Dance Company, NYC Choreographer: Kate Wear

2011 Dancer, *'Verge'* Second Avenue Dance Company, NYC Choreographer: Deborah Jowitt

2010 DanceNOW (Raw) Festival Dancer/ Soloist, *'As We Go'* Son of Normandy Studio, NY

Choreographer: Suzanne Beahrs 2011

2009-2010 The White Rabbit Cabaret Hasenpfeffer (House Company) Dancer/Featured Soloist "Scarlett Charlotte Rua' Lune", Indianapolis, IN Director: Debra Silveus

2007-2010 Motus Dance Theatre, [501(c)3] Company Dancer: Principle & Soloist, *Featured dancer at Indianapolis Symphony Orchestra, Indianapolis, IN

Artistic Director: Heidi Keller-Phillips

2008 Road Productions / Zoo Marketing Production, Dancer in IndyFringe 2009 Commercial TV Trailer, *'Expect Everything'* Indianapolis, IN

2008 The Witch of Portobello, Dancer/ Actor, Dance film *'Pavel'* [Part 1]

Top three film finalist for the "Experimental Witch Contest" (based on Paulo Coelho's novel *'The Witch of Portobello'*), Indianapolis, IN

Director: Dan Hottle

2008 NoEXIT Performance Dancer, *'The Immortal'* Site-specific work at Indianapolis Museum of Art, Indianapolis, IN

Director: Geogeanna Smith

2007 Beef & Boards Dinner Theater (AEA) Dancer, 'A Beef&Boards Christmas' Indianapolis, IN
*Live Performance on Channel 8 Morning News with Dick Wolfsie Director: Eddie Curry, Choreographer:
Ron Morgan

2007 The Outlet Dance Project Featured Dancer, '*Frugal is Such an Ugly Word*' Site-specific work at
Grounds for Sculpture, Hamilton, NJ
Choreography: Nicole Mahncke and Ali Vidich

2006 Randy James Dance Works Invited Guest Artist, '*Flying Lobsters*' Raritan Valley Community
College, Branchburg, NJ
Artistic Director: Randy James

2003-2007 Mason Gross School of the Arts, Department of Dance, Rutgers University Dancer,
'*Flying Lobsters*' Choreographer: Randy James Dancer, '*Heart Moves*' Choreographer: Kimani Fowlin
New Brunswick, NJ

2002-2004 Powerhouse Entertainment Studios Professional Hip Hop/ Motivational Dancer, East
Hanover, Paramus, NJ and NYC
Director: Melanie Pellegrino

2002-2003 AP Motion Dance Company, [501(c)3] Featured Company Dancer, Premiere Season, NJ
Artistic Director: Joanna Andriopoulos

2002 Raritan Valley Community College Dancer, Selected Ensemble for Randy James Danceworks
Guest piece '*View From the Hudson*' and other works, Branchburg, NJ
Choreographer: Randy James

2000 Promotional Tour for HBO's "Britney Spears 'LIVE, in Las Vegas' Concert" Motivational Singer/
Dancer of Britney Spears music; Toured throughout New York and New Jersey, Claire Models, Long
Beach, NY

1999 Hofstra University Department of Drama, Masquerade Musical, "Polly" (female lead), Dance
Captain, '*The Boyfriend*' Hempstead, NY
Director: Jen Curry

CHOREOGRAPHY

2015- Present Lauren Beirne Dance Works

Founder, Executive and Artistic Director, presenting professional, original dance works in
NJ/NYC/CT:

- '*Everything You Need to Forget*' - male-identifying version, Commissioned by *Moving Men Series*, Dixon
Place, NYC 2020

- '*The Principles: part 6*', Commissioned by Inclined Dance *InQUAD Series*, Dixon Place, NYC 2019

- '*Analog Swirls' in Digital Whirls*' Award Winning Motion Capture/Extended Reality Dance Film,
Commissioned by Integrated Visions Productions/Notch, NY 2018

RVCC Alumni Concert, Spotlight Guest Artist, The Nash Theatre, RVCC, NJ 2018

'*And the Tide Still Came.*' World Premier, TAKE ROOT Greenspace LIC, NY 2018

"*6,000 Bobby Pins Later...*" Producer/Curator/Artist *Reviewed by *Critical Dance, NY*, Actors Fund Arts Center, NY 2018

- Dumbo Dance Festival, *Invited Guests*, Gelsey Kirkland Arts Center, NY 2017

- Commissioned by RAW ARTISTS: FIXATE 2017

- '*Everything You Need to Forget: Male Remix.*' Premiere, Dumbo Dance Solo/Duo Festival
Dumbo Dance Festival, opening company & speaker 2017

- '*The Other.*' Banksy Production Company 360o Dance Film

- '*At the beep...*' Reset Premiere, Your Move Dance Festival 2017

- LBDW Summer Intensive, Host of 2-day Immersive Dance/Theatre Workshop for national and international professional dancers 2017

- '*The Principles: part 6.*' World Premiere, WEST FEST Top Floor & All Over Westbeth Guest Artist

- LBDW, Presented by RAW ARTSISTS at the Brooklyn Night Bazaar, NY 2017 Dixon Place, NY 2017

Gelsey Kirkland Arts Center, NY 2016 Brooklyn, NY 2016

Debaun PAC, NJ 2016

Actors Fund Art Center, NY 2016/2017

Martha Graham Theatre, NY 2016 The Rabbit Hole, Brooklyn NY 2016

Gerald W Lynch Theatre, NY John Jay College, NY 2016

Dixon Place, NY 2016

The Warsaw, Brooklyn NY 2015/2016

Triskelion Arts, NY 2015

The Garage at FDU, NJ 2015

Debaun PAC, NJ 2015

The Actor Fund Arts Center, NY 2015

Jennifer Muller/The Works Studio, NY 2015

'*Down The Rabbit Hole: An Evening with LBDW & NMDP.*' Benefit Performance Event

Commissioned by Marked Dance Project under Mark Travis Rivera as Guest Company Artists, John Jay

'*Oleander (extended).*' Premiere, Under Exposed Split-Bill Series. Commissioned by Doug Post for partial evening-length *Reviewed by *The Dance Enthusiast*

Commissioned to open RAW ARTISTS: FUTURES *Invited to join organization in 2015

Residency with Nikki Manx Dance Project 2015

'*Oleander.*' World Premiere, YOUR MOVE Dance Festival 2015

Six Degrees of Separation, Invited guest 2015 *Reviewed by Critical Dance

'*The Principles: part 2.*' World Premiere, The HATCH Series 2015

Independent Choreography-

2024 East Brunswick High School

"The Wizard of Oz" Musical Choreographer and assistant prop designer. Director: Jeffery Davis

2010-2012 New York University's Atlas Theatre

'*Everything You Need To Forget*' (duet)

'*Ladies, Listen Up, A Man is Speaking*' (septet, featuring Hiroki Ichinose) '*We Never Know*' (quintet)

'*3, 6, 9, The Beast Drank Wine*' (nonet)

'*At the beep...*' (duet, featuring Ben Freedman and Suzanne Beahrs) Tisch School of the Arts, NYC

2011 Indiana Dance Festival

Chosen to reset my choreography '*Pink Moscato*' (2010), for IDF through Fort Wayne Dance Collective- Adjudicated Concert, Performed by Motus Dance Theatre under Artistic Director Heidi Keller- Phillips at the Arts United Center, Fort Wayne, IN. *Reviewed by NUVO News, March, 2011

2010-2011 Motus Dance Theatre

'Paired Down' - Resetting of '*Pink Moscato*' (2010), Performed by Motus Dance Theatre at the White Rabbit Cabaret, Indianapolis, IN

'*Pairings: Pink Moscato*' live music by Kate Lamont. Performed by Motus Dance Theatre at Young and Laramore, Annual Fund Raiser, Indianapolis, IN

2007 Show Up and Dance, Dance New Jersey Event

'*Option to Leave Early*' (sextet, 2006) Loree Dance Theatre, Rutgers University, New Brunswick, NJ

2006 Rutgers Dance Day

Invited Select Choreographer, '*Option to Leave Early*' The New Theatre, Rutgers University, New Brunswick, NJ

2006 American College Dance Festival

Invited Select Choreographer, '*Option to Leave Early*' Montclair State University, Montclair, NJ

2005 Raw Interiors

Choreographer/Dancer, *'Gemini'* (duet) Site-specific work at Rutgers Campus, Curator: Alie Vidich, New Brunswick, NJ

2002-2003 Lower East Side Festival of the Arts Choreographer/Soloist, *'Corybante for Brian Jones'* (solo) Text by Gary Wagner, Live music by Lovesphere, Theater for the New City, NYC

2000 Hofstra University's Department of Drama, Touring Children's Theatre

Choreographer, *'Hansel and Gretel'* Written and Directed by Joe Hoffman, Music and Lyrics by Donna Mandarano. Children's Theatrical Tour, NY

RELATED EXPERIENCE

2012 Lead Faculty- Second Avenue Dance Company Costume Designer, Tisch Dance Department, NY **Deborah Jowitt, James Martin, under Cherylyn Lavagnino with Sean Curran, Deborah Jowitt and Phyllis Lamhut*

2013 Costume Designer for Young Dancemakers Company under the direction of Bessie Award winner, Alice Teirstein, supported by the Fieldston School, Alvin Ailey, and the 92nd St Y, NYC

2013-2014 Head Visual Designer, Costumes, Makeup/Hair Designer - Suzanne Beahrs Dance: Evening length work, *'Amid'* & *'Rise'* presented at Danspace Project, St. Mark's Church, Judson Church, Gibney Dance, NY **New York Times and Village Voice Reviewed*

2013 Erin Bomboy and Dancers:

I Dreamt of Sugarplums for Photo Series and 8th Amalgamate Artist Series, Jan Hus Church, NYC

2013 Callie Hatchett Dance:

Costume designer for *Acquired Alliance'* presented at Greenspace and WestFest, NY

2012-2014 Carol Mendes & Artists:

*Head designer in residency for Carol Mendes & Artists, NYC - Dance Film: *'Rite of Spring'* Burgundy Dance Fest Premier in France. Evening length work *'Night Trio'* presented at La Mama, WestFest, Center for Performance Research, Ailey Citigroup, Judson Church, The Green Building, NY

2013 Yoga model for Mind Body Dancer™ Article, Teacher Magazine, August 2013 Issue

featuring MBDTM founder TaraMarie Perri on the cover, and 4-page article "Fine-Tune Your Teaching Language" by Kristin Schwab, also featured on the Perri Institute website

2007-2010 Kinney Dancewear Expert Point shoe fitter, additional training with Bloch®, Russian Point®; Specializing in pointe, flat ballet, tap, jazz and ballroom shoes; fitting costumes/ dancewear, additional training from Capezio, Motionwear, and Miller & Ben

2008 Indianapolis School of Ballet Head Stage Manager, *'The Nutcracker'* The Scottish Rite Theatre, Choreography: Victoria Lyras and George Balanchine

2001 Disney's® 'AIDA' on Broadway

Backstage hand and Merchandise, also substituting at Disney's® *'Lion King'* and *'Beauty and the Beast'* on Broadway, New York, NY

TRAINING/WORKSHOPS

Independent Semester-Long Studies:

Pedagogy/Developing Syllabi and Course Development for University Levels: Joy Kellman, Tisch Dance Adjunct Faculty

Choreography/Starting a Professional Company:

Sean Curran, Artistic Director, Sean Curran Dance / NYU Tisch Dance Department Chair

Pedagogy Master Workshops: Margot Faught, Liz Monnier, Allison Ballard, Julia Ritter, Pamela Pietro, Jane Vorburger, Kathleen Connelly, Anneliese Burns-Wilson, Loretta Fois, Marissa Aucoin

Ballet: Ballet Hispanico, Cedar Lake, Jolinda Mendez, Jill Johnson, Cherylyn Lavagnino, Jackie Villamil, Jim Martin, Jim Sutton, Giada Ferrone, Victoria Lyras, Sherry Alban, Rachel List, Douglas Martin, Pam Levy, Andrea Kramer, Karen Verso, Eddie Verso, Jane Vorburger

Modern: Parsons Dance, Doug Varone and Dancers, Trisha Brown Company, Stephen Petronio, Sean Curran, Kate Weare, Rosalind Newman, Hirstoula Harakas, Gwen Welliver, Renee Redding Jones, Pam Pietro, Joy Kellman, Gus Solomons Jr., Jeanine Durning, John Evans, Christian Von Howard, Randy James, Julia Ritter, Paulette Sears, Reagan Wood, Aaron Draper, Janet Danforth, Cleo Mack, Tiffany Mills, Doug Elkins, Miguel Quinones, Mia Michaels, Yasko Taneko, Heather Favretto

Cultural Dance: African (Kimani Fowlin), Flamenco (Maya De Silva Chafe), Bharata Natyam (Hari Krishnan), Middle Eastern/Persian Ballet/Belly Dance (Djahari Clark), Argentine Tango (IDS), Locking (John "Comix" Barella)

Body Work (Somatics/ Yoga/ Meditation/Pilates/ Kinesiology): Irene Dowd, Rebecca Dietzel, TaraMarie Perri, Ethan Nichtern, Clare Cook (Kathy Grant's apprentice), Lynn Martin, Debra Wellinder Keller, Kim Gibilisco

Composition, History, Writing and Critique: Phyllis Lamhut, Jeff Friedman, Patricia Beaman, Deborah Jowitt, James J. Kolb, Sydney Skybetter, Claire Porter

Music/Voice, Video/Film, Lighting, Theatre Production, Writing, Composition and Rhythmic Analysis : William Holmes, Robert Benford, Andy Tierstein, Bill Moulton, Paul Galando, Wayne Lee, Jonah Bokaer, John Evans, James Leitner, Deborah Jowitt, Susan Hamburger

Acting, Voice, Stagecraft, Directing - Kay Cummings, Roysten Coppenger, Jean Dobie Giebel, Caroline Worth-Tyrell, Ron Morgan, John Cleary, James J. Kolb

RELATED SKILLS

Dance/ Education: modern and contemporary dance, ballet (training in the French School, Cecchetti, and Vaganova), pointe work, partnering, tap, jazz, musical theatre, lyrical, hip-hop, basic break dancing,

Flamenco, motivational dance, yoga, Shambhala meditation, improvisation, creative movement, performance coaching, release techniques, Composition and Choreography, Dance History/Theory, Kinesiology, Anatomy, Laban Movement Analysis and Effort/Shape, Pedagogy, Dance Writing, Dance Appreciation, administration, curriculum writing following state standards, highly fluent in French ballet terminology

Theatre/ Music/ Film: acting (comedic, dramatic, and classical training), singing and vocal performance, breath techniques, improvisation, directing, stage managing, voice and diction, script writing/composition, puppeteering, directing, lighting/set design, production management, proposal writing, publicity, history, music theory, basic flute, piano and, percussion, projection/ film work, analysis, film editing, iMovie and Final Cut Pro, Garageband, WIX

Visual Arts/ Design: painting, drawing, sculpture, 2D/3D design, art history, fashion history, costume design/fashion, makeup/hair design, sewing, visual board building, set design/building/ decoration, poster design, visual performance styling

Additional Skills: Artistic and Executive Director, Curating, Producing, Directing, leading auditions, sales/clienteling, Extensive Dance Retail training, established direct relationships with Capezio, Bloch, Russian Pointe, Grand Prix and Motionwear, experienced pointe and flat shoe fitter, donations, networking and social media marketing, merchandising, budgeting and scheduling for companies, community outreach, grant writing and applications, photography/ editing, Final Cut Pro, iDVD, iMovie, QuickBooks, Keynote, GarageBand, Word, Pages, Google Doc., Social Media, Administration, light conversational Spanish, CPR certified, NJ Driver's License

ACCOLADES

Rising Stars: Most Distinguished Alumni, Winner RVCC, NJ 2018*

Recipient of Tisch Alumni Choreographic Mentorship with Gus Solomons Jr., NY 2015

Winner of Featured Artist photo and blog spot, Fractured Atlas, NY 2015

Space Grant Recipient, Andrew W. Mellon Foundation, Triskelion Arts, NY 2015

Professional Performance Scholarship, NYU 2010

Special Recognition Award: Outstanding Choreography, IHSDTA, IN 2009-2010

Artistic Achievement in the Community Scholarship, Somerset County, NJ 1999

PUBLISHED WORKS

“Study Sessions” on mindbodybrewTM. The official blog of the Perri Institute for Mind and Body. *First MBD wordpress.com published article, May, 2012

CERTIFICATIONS

CPR CERTIFICATION, NY 2017

SUBSTITUTE CERTIFICATION , NJ 2023

CTE - DANCE CERTIFICATION, NJ 2026

REVIEWS/ QUOTES